

Saturday, October 21, 2017

Eastern Christian High School 50 Oakwood Avenue North Haledon, NJ 07508

> A challenging 5K Course Certified by USATF



FEATURING

EC5K/Fun Run T-Shirt Prizes Refreshments



Eastern Christian High School 50 Oakwood Avenue North Haledon, NJ 07508

SCHEDULE OF EVENTS

Registration	7:30
5K Run	9:00
5K Walk	9:00
Kid's Fun Run	9:00
Awards Ceremony	10:15
Prize Drawing	10:30

REGISTRATION

by mail or on-line at www.raceforum.com/ec5kmda

One participant per entry form

Deadline: Postmarked October 16, 2017

COURSE

A challenging race, with a great down-hill finish on local roads.

Mile clocks and multiple water stops.

AWARDS

1st, 2nd, 3rd Overall (M & F) and 5-year age groups: 9 and under to 80 and over.

SPECIAL AWARDS

1st (M & F) for Eastern Christian graduates by year.

AMENITIES:

EC5K T-Shirt, Random Prize Drawing, snacks, lockers & showers.

SCORING:

B-tag scoring by Compuscore.com







EVENT SPONSOR



RACE SPONSORS









The Isaac Hennessy/EC5K Headlines Eastern Christian Homecoming Weekend and is open to all!

This year, we renamed the event to honor Isaac Hennessy, a student at Eastern Christian Elementary School who was diagnosed with Duchenne's Muscular Dystrophy. As a community, we want to encourage and support Isaac and his family as they face the challenges of Duchenne's MD. To that end, this year we will share the proceeds of the 5K with the Muscular Dystrophy Association in Isaac's honor.

Eastern Christian's portion of the proceeds from the 5K will help fund EC's Athletic Program budget, benefiting the participants of all 27 athletic teams that we field each year.

All runners are encouraged to solicit individual sponsors for their run. Reach out to family, friends, and business associates for a pledge based on distance, time, or simple participation. Sponsor's donations can be made to The Foundation for FCSA.

For more information about Eastern Christian's Athletics, please visit:

www.easternchristian.org/athletics

WELCOME

Today we welcome you to Eastern Christian High School and to the Isaac Hennessy/EC5K. We are pleased that you have chosen to participate in our event. Our USATF Certified course is a challenging one with a great downhill finish. We have worked hard to make this a memorable event and hope that you will have a great race!

Established in 1892, Eastern Christian School has been a part of this community for 125 years. We are delighted to be holding our Annual 5K here in North Haledon, home to our High School and Administrative Offices. Special thanks to Mayor George and Chief Bracco, who helped to facilitate this event. Throughout our 125 year history, Eastern Christian has provided a quality Christian education to thousands of students. Today, we serve over 830 students in Pre-K through grade 12 on our three campuses in Midland Park, Wyckoff and North Haledon. At Eastern Christian, we believe that God is sovereign over all of creation and that our mission is to equip young people to lead lives of Christian vision and influence in His service. Our alumni lead and serve in Christian homes and churches, in business and industry, and in our communities, our nation, and around the world. They are a testimony to the foundation they have received at Eastern Christian School.

For more information, visit:

www.easternchristian.org

REGISTER NOW! www.raceforum.com/ec5kmda





SATURDAY, OCTOBER 21, 2017

Eastern Christian High School 50 Oakwood Avenue North Haledon, NJ 07508



OFFICIAL ENTRY FORM

(one applicant per entry form)

TWO WAYS TO REGISTER!

☐ Fun Run Registration

Child T-Shirt Size ☐S ☐M ☐L ☐XL

www.raceforum.com/ec5kmda

Please complete and return this form along with your check (Payable to: The Foundation for EC)

Last Name	Fir	st Name			
Street		Phone			
City	State			Zip	
Gender (M/F)	Age on race day	DOB	EC Alum (Yes/No)	Year	
Email	2017 USATF#				
Christian School Associatio companies, staff, officers, oright to use my likeness in event.	n, Eastern Christian School Ass directors, volunteers, sponsors, any photographic record of the	ociation, The Borou successors or assi	and release any claims against Th ugh of North Haledon, Moses Prod gns for injuries that I may suffer in est that I am medically and physica	uctions, their member this event. And I grant the	
Signature (Parent/Guardian if under 18)			Date		
Entry Fees must be mailed Electronic registration prior	· ·				
Current Student USATF-NJ Member Pre-Registration Race Day Registration Family Cap	\$20.00		PLEASE INDICATE YOUR SHIRT S	SIZE	
	\$22.00 \$25.00 \$30.00 \$100.00		Adult T-Shirt Size S M	□L □XL	
In addition to my Registrati	ion Fee, please accept my dona	tion to: Eastern Ch	ristian School \$		
Kids' Fun Run!					

Have a student in grade K-6 that wants to run but isn't ready for the 5K? We're having a Fun Run around the school campus just for kids!

First Name

Grade

Last Name