

Our 4th Annual!



Photo courtesy Brett's Fire Photos

# CareOne 5K Race Against Cancer

Overpeck County Park  
Ridgefield Park Area  
In front of Amphitheater

Sunday, September 24<sup>th</sup>, 2017  
40 Fort Lee Road, Leonia

You can REGISTER ONLINE at  
[raceforum.com/4th-annual-careone-5k-race-against-cancer](http://raceforum.com/4th-annual-careone-5k-race-against-cancer)

TIMES: 7:30 am Packet pick-up and same day registration  
8:30 am Welcome speeches and race instruction  
8:45 am Race line-up  
9:00 am RACE BEGINS  
10:15 am Awards

Awards presented to Male/Female 1st, 2nd, and 3rd overall age groups, in 10-year increments.  
Course is mostly closed to traffic, flat and fast. One water station at mile marker 1.5.  
Tech T-Shirts guaranteed to all pre-registered runners.  
Professional, chip-timed course (USATF-certified). Ample parking and indoor restrooms.



## REGISTRATION FORM

Make check payable to: *Gwendolyn & Joseph Straus Charitable Fund* and mail to Jackie Elisberg at:  
CareOne, 173 Bridge Plaza North, Fort Lee, NJ 07024

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Race Day Age \_\_\_\_\_ Gender ☐ M ☐ F T-shirt size (please circle): S M L XL

☐ \$20 (Registered by May 31) ☐ \$25 (Registered June 1-Sept. 15) ☐ \$30 (Race Day)

☐ I am unable to participate, but would like to make a contribution. \$ \_\_\_\_\_

☐ I do not consent to having my photo taken to possibly be published with name in local paper or posted on CareOne's website.

Waiver of Liability: I am voluntarily entering the CareOne 4th Annual 5K Race Against Cancer and assume all risks associated with participation in this event. I agree to hold all organizers of this event harmless from present and future claims and liabilities arising from my participation.

Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

CareOne  
A Senior Care Company