

Our 3rd Annual!



Photo courtesy Brett's Fire Photos

CareOne 5K Race Against Cancer

Overpeck County Park
Ridgefield Park Area

Sunday, September 18th, 2016
40 Fort Lee Road, Leonia

You can REGISTER ONLINE at raceforum.com/CareOne5K

TIMES: 7:30 am Packet pick-up and same day registration
8:30 am Welcome speeches and race instruction
9:00 am **RACE BEGINS**
10:15 am Awards

Awards presented to Male/Female 1st, 2nd, and 3rd overall age groups, in 10 year increments.
Course is mostly closed to traffic, flat and fast. One water station manned by Team RWB Military Veterans.
Tech T-Shirts guaranteed to all pre-registered runners.
Professional chip-timed course (USATF-certified).
Ample parking and indoor restrooms.



REGISTRATION FORM

Make check payable to: The CareOne Cancer Fund and mail to Jackie Elisberg at:
CareOne, 173 Bridge Plaza North, Fort Lee, NJ 07024

Name _____ Phone: _____ Email _____

Address _____ Zip _____

Date of Birth _____ Race Day Age _____ Gender ☐ M ☐ F T-shirt size (please circle): S M L XL

☐ \$20 (Registered by May 31) ☐ \$25 (Registered June 1-Sept. 15) ☐ \$30 (Race Day)

☐ I am unable to participate, but would like to make a contribution. \$ _____

☐ I do not consent to having my photo taken to possibly be published with name in local paper or posted on CareOne's website.

Waiver of Liability: I am voluntarily entering the CareOne 3rd Annual 5K Race Against Cancer and assume all risks associated with participation in this event. I agree to hold all organizers of this event harmless from present and future claims and liabilities arising from my participation.

Signature _____ Date Signed _____

CareOne
A Senior Care Company