

Finish at Grand Stand

McKinley St

McKinley St

McKinley St

Madison Ave

Madison Ave

Madison Ave

Ocean Ave

Ocean Ave

Ocean Ave

Ocean Ave

OCEAN

Bike In
Bike Out

Run Out
Swim In

3 Mile Run to South end & back to FINISH.
5 Mile, head north 1 mile, then return and run the last 3 miles with the rest

Port-o-Johns

