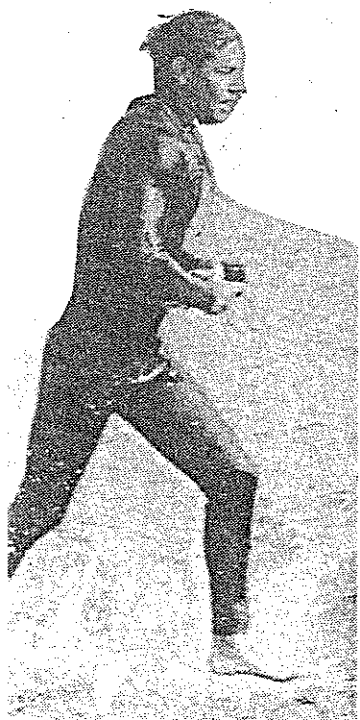


TINMAN  
**TRIATHLON**

**Tupper Lake, New York  
Saturday, July 17, 1993**



**Race Results**

**Sponsored by: Tupper Lake  
Chamber of Commerce**

*Regional  
Championship*  
**TRIATHLON**  
FEDERATION  
*USA*

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 15 TO 19

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Zachary T Giegel	Pittsburgh	82	19	M	10	04:42:23

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 20 TO 24

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Troy K Jacobson	Phoeniz	1	24	M	37	03:53:32
2	Ed Smith		2	22	M	47	04:07:25
3	Don Mac Corquodale	Mississauga	4	24	M	24	04:12:35
4	Steven Williams	Hamilton	12	22	M	28	04:17:59
5	Scott R Ovenden	Milton	13	23	M	31	04:18:00
6	Jeff Beech	Waterloo	16	22	M	16	04:20:03
7	Randy Zabukovee	Etobicoke	23	23	M	32	04:23:33
8	Eric M. Portner	Ottawa	29	24	M	38	04:26:24
9	Barrett L Smith	Kingston	75	21	M	21	04:39:57
10	Steve Carpentier	Shawinigan	78	24	M	42	04:40:52

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 25 TO 29

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Pierre Heynemand		3	25	M	138	04:12:31
2	Carmen R Monks	Charlestown	5	28	M	112	04:13:55
3	Ian D Fraser	Ottawa	6	28	M	92	04:14:43
4	Tom Hromas	Stamford	11	28	M	100	04:16:29
5	Jeffrey S. Kenderdine	Lancaster	24	28	M	105	04:24:27
6	Michael J Halstead	Port Ewen	36	26	M	96	04:28:52
7	Fred S Marius	Arlington	43	29	M	134	04:30:49
8	Carl Desjardins	Dollard-des-ormeaux	44	27	M	90	04:30:50
9	Daniel J Hagan	Phila	47	27	M	95	04:32:14
10	Andrew Heard	Macungie	51	27	M	97	04:33:10

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 30 TO 34

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Kip Kimble	Arlington	8	30	M	220	04:15:40
2	Jay Roberts	San Diego	10	30	M	280	04:16:23
3	Glen C Kellam	Kalamazoo	14	32	M	219	04:18:03
4	Tim A Lang	Ottawa	15	32	M	224	04:18:31
5	Stephen Le Fluet	Cumberland	17	34	M	202	04:20:06
6	Joel Titcomb	Gorham	18	34	M	271	04:20:13
7	Paul Leroux	Hull	19	34	M	226	04:20:58
8	Michael J Moffett	Rensselaer	21	33	M	239	04:22:21
9	Adam Singer	Wilmington	26	33	M	264	04:25:30
10	David P Anderson	Ithaca	28	31	M	181	04:26:20

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 35 TO 39

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Jeff Ritchie	Essex Jct	7	35	M	377	04:15:21
2	Des Nunan	Ocean City	9	37	M	397	04:16:11
3	Larry W Krieger	Rochester	20	35	M	357	04:21:04
4	Steve Hare	Middlebury	22	36	M	347	04:23:20
5	Jimmy Hoffman	Sea Bright	25	38	M	351	04:24:59
6	Peter G Slattery	Amityville	27	36	M	385	04:26:19
7	Doug Rice	Rumson	31	37	M	376	04:26:51
8	Kevin L Maier	Manlius	40	37	M	360	04:30:37
9	Jeremiah J Fitzgibbon	Bedford	42	36	M	343	04:30:48
10	Jeffrey S Jackson	So Burlington	50	35	M	353	04:33:08

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 40 TO 44

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Tom E Shinnars	Alexandria	33	40	M	451	04:28:05
2	Oakes I Ames	New Canaan	37	40	M	423	04:28:55
3	Daniel H Chasey	Long Branch	41	44	M	428	04:30:43
4	Jim Hunter	Baltimore	45	42	M	457	04:31:30
5	Dan R Logan	Hamilton	49	41	M	439	04:32:36
6	Frank C Terranova	Pt Pleasant Beach	62	40	M	453	04:36:45
7	Edward J Dzielak	Carbondale	83	40	M	431	04:43:28
8	Win Thomas	Rutland	88	44	M	454	04:44:28
9	Walter Rider	Bedford	93	41	M	448	04:45:30
10	Jack J Birecree	Rochester	97	40	M	424	04:46:08

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 45 TO 49

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	James D Henderson	Kalamazoo	55	49	M	350	04:34:31
2	Terry W Habecker	Ithaca	64	45	M	475	04:37:43
3	Rick Harrington	Ann Arbor	77	48	M	476	04:40:38
4	Don Davis	New Paltz	104	48	M	474	04:47:53
5	Richard F Kixmiller	New York	150	46	M	479	04:57:57
6	Charles E Windus	Somerville	174	46	M	484	05:03:15
7	Rudy Hollywood	Nepean	188	47	M	477	05:05:55
8	Bernie Kichula	Merchantville	194	47	M	478	05:07:49
9	John T Oberwetter	Washington Depot	231	48	M	482	05:18:41
10	John N Myers	New York	250	48	M	481	05:25:23

## TUPPER LAKE TINMAN TRIATHLON

MALE AGES 50 TO 54

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Bob W Wright	Bradford	166	53	M	500	05:01:24
2	Michael R Cook	Falls Church	175	51	M	493	05:03:29
3	Richard Litzel	Newark Valley	214	53	M	495	05:13:13
4	Steven K Ingram	Northfield	261	50	M	505	05:27:29
5	Bruce D Miller	Monroe	285	50	M	496	05:35:14
6	Don Kirby	Oshawa	319	52	M	494	05:50:18
7	Tom J Berezich	Trucksville	327	51	M	502	05:56:07
8	Richard H Brown	Littleton	329	54	M	491	05:58:45
9	Al Palcino	Rochester	345	50	M	497	06:07:57
10	Robert Zaleski	Elmont	347	50	M	501	06:10:00

TUPPER LAKE TINMAN TRIATHLON  
MALE AGES 55 TO 59

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Alex Cowie	Oshawa	301	55	M	511	05:41:40
2	Gordon W Brockie	Mississauga	302	58	M	514	05:42:40
3	Bill F Palmer	Colts Nick	304	55	M	513	05:43:20

TUPPER LAKE TINMAN TRIATHLON  
MALE AGES 65 TO 69

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Paul Johnson	Shandaken	375	67	M	526	08:05:48

TUPPER LAKE TINMAN TRIATHLON TOP MALE FINISHERS

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Troy K Jacobson	Phoenix	1	24	M	37	03:53:32
2	Ed Smith		2	22	M	47	04:07:25
3	Pierre Heynemand		3	25	M	138	04:12:31
4	Don Mac Corquodale	Mississauga	4	24	M	24	04:12:35
5	Carmen R Monks	Charlestown	5	28	M	112	04:13:55
6	Ian D Fraser	Ottawa	6	28	M	92	04:14:43
7	Jeff Ritchie	Essex Jct	7	35	M	377	04:15:21
8	Kip Kimble	Arlington	8	30	M	220	04:15:40
9	Des Nunan	Ocean City	9	37	M	397	04:16:11
10	Jay Roberts	San Diego	10	30	M	280	04:16:23
11	Tom Hromas	Stamford	11	28	M	100	04:16:29
12	Steven Williams	Hamilton	12	22	M	28	04:17:59
13	Scott R Ovenden	Milton	13	23	M	31	04:18:00
14	Glen C Kellam	Kalamazoo	14	32	M	219	04:18:03
15	Tim A Lang	Ottawa	15	32	M	224	04:18:31

TUPPER LAKE TINMAN TRIATHLON TOP FEMALE FINISHERS

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Claudia Kretchman	Ringwood	96	33	F	180	04:45:44
2	Bonnie Morse-gillham	Albany	100	37	F	306	04:47:29
3	Diane Slevin	N Merrick	109	28	F	55	04:50:15
4	Kathy P Ryan-rice	Rumson	115	36	F	307	04:53:15
5	Lise Lague	Hull	126	32	F	165	04:54:29
6	Jody Brown	Lititz	133	33	F	152	04:55:42
7	Anna C Coatsworth	New York	141	23	F	2	04:56:23
8	Carol A Retter	Stamford	170	28	F	56	05:02:11
9	Ann S Erdogan	Hoboken	177	29	F	62	05:03:50
10	Jeanette G Vyvyan	Hershey	189	31	F	169	05:06:13
11	Libby A. Brown	Weston	190	35	F	301	05:06:35
12	Bev W Beckham	Houston	199	34	F	310	05:08:46
13	Susan Yorke	North York	204	26	F	52	05:10:18
14	Aubin G Sullivan	New York	206	25	F	54	05:10:38
15	Laurie Ste Grady	Southbury	208	32	F	157	05:11:08

TUPPER LAKE TINMAN TRIATHLON  
FEMALE AGES 20 TO 24

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Anna C Coatsworth	New York	141	23	F	2	04:56:23
2	Beth A Miller	Blue Bell	365	23	F	3	06:44:07
3	Kathleen Dry	Somerville	368	23	F	4	06:48:57

TUPPER LAKE TINMAN TRIATHLON  
FEMALE AGES 25 TO 29

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Diane Slevin	N Merrick	109	28	F	55	04:50:15
2	Carol A Retter	Stamford	170	28	F	56	05:02:11
3	Ann S Erdogan	Hoboken	177	29	F	62	05:03:50
4	Susan Yorke	North York	204	26	F	52	05:10:18
5	Aubin G Sullivan	New York	206	25	F	54	05:10:38
6	Nancy E Peck	Woodstock	220	29	F	59	05:15:43
7	Linda D Antanio		259	25	F	64	05:27:01
8	Margaret I Evangelista	Bryn Manor	322	28	F	60	05:51:22
9	Genny Allard	Ridgewood	328	29	F	51	05:58:07
10	Stephanie Holtzman	Toronto	346	28	F	61	06:08:23

TUPPER LAKE TINMAN TRIATHLON  
FEMALE AGES 30 TO 34

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Claudia Kretchman	Ringwood	96	33	F	180	04:45:44
2	Lise Lague	Hull	126	32	F	165	04:54:29
3	Jody Brown	Lititz	133	33	F	152	04:55:42
4	Jeanette G Vyvyan	Hershey	189	31	F	169	05:06:13
5	Bev W Beckham	Houston	199	34	F	310	05:08:46
6	Laurie Ste Grady	Southbury	208	32	F	157	05:11:08
7	Tracy Hespelt	Sparta	235	33	F	161	05:20:40
8	Maureen L Sheehan	Rensselaer	263	30	F	171	05:28:07
9	Theresa D Hance	Clifton Park	265	30	F	158	05:28:32
10	Elizabeth Kenyon	New York	268	32	F	162	05:30:07

TUPPER LAKE TINMAN TRIATHLON  
FEMALE AGES 35 TO 39

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Bonnie Morse-gillham	Albany	100	37	F	306	04:47:29
2	Kathy P Ryan-rice	Rumson	115	36	F	307	04:53:15
3	Libby A. Brown	Weston	190	35	F	301	05:06:35
4	Caryn D Etherington	Middlebury	239	36	F	302	05:22:02
5	Christine Dehnel	Sparta	241	37	F	338	05:22:30
6	Pamela Frame	New York	309	35	F	304	05:45:25
7	Miryam Fonken	Paterson	362	37	F	303	06:37:29
8	Beverly K Leach	Littleton	373	39	F	466	07:03:04

TUPPER LAKE TINMAN TRIATHLON  
FEMALE AGES 40 TO 44

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Rosalyn Randall	Portland	270	43	F	413	05:31:22
2	Jan Vermilye	New Paltz	289	44	F	412	05:36:06
3	Donna L Russell	Mohegan Lake	342	41	F	411	06:06:14

TUPPER LAKE TINMAN TRIATHLON  
FEMALE AGES 45 TO 49

PLACE	RUNNER'S NAME	TOWN	OVERALL PLACE	AGE	SEX	(#)	TIME
1	Helen Malmberg	Toronto	311	47	F	467	05:46:16
2	Yvonne A Baker-carini	Kingston	355	47	F	468	06:21:53

## TUPPER LAKE TINMAN TRIATHLON

PLACES: 1 TO 60

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL
1	Troy K Jacobson	Phoeniz	MD 24	M	37	26:54	2:13:28	1:13:10	3:53:32
2	Ed Smith		22	M	47	27:19	2:26:37	1:13:29	4:07:25
3	Pierre Heynemand		25	M	138	26:54	2:24:24	1:21:13	4:12:31
4	Don Mac Corquodale	Mississauga	ON 24	M	24	26:21	2:23:05	1:23:09	4:12:35
5	Carmen R Monks	Charlestown	MA 28	M	112	27:46	2:24:28	1:21:41	4:13:55
6	Ian D Fraser	Ottawa	ON 28	M	92	28:10	2:28:58	1:17:35	4:14:43
7	Jeff Ritchie	Essex Jct	VT 35	M	377	27:24	2:25:48	1:22:09	4:15:21
8	Kip Kimble	Arlington	MA 30	M	220	23:55	2:23:02	1:28:43	4:15:40
9	Des Nunan	Ocean City	NJ 37	M	397	25:38	2:28:54	1:21:39	4:16:11
10	Jay Roberts	San Diego	CA 30	M	280	33:47	2:25:14	1:17:22	4:16:23
11	Tom Hromas	Stamford	CT 28	M	100	26:00	2:32:56	1:17:33	4:16:29
12	Steven Williams	Hamilton	ON 22	M	28	27:19	2:28:59	1:21:41	4:17:59
13	Scott R Ovenden	Milton	ON 23	M	31	26:42	2:27:48	1:23:30	4:18:00
14	Glen C Kellam	Kalamazoo	MI 32	M	219	28:51	2:25:39	1:23:33	4:18:03
15	Tim A Lang	Ottawa	ON 32	M	224	00:00	N/A	1:18:38	4:18:31
16	Jeff Beech	Waterloo	ON 22	M	16	27:15	2:38:43	1:14:05	4:20:03
17	Stephen Le Fluet	Cumberland	ME 34	M	202	31:16	2:26:04	1:22:46	4:20:06
18	Joel Titcomb	Gorham	MA 34	M	271	28:22	2:31:06	1:20:45	4:20:13
19	Paul Leroux	Hull	QU 34	M	226	27:41	2:35:38	1:17:39	4:20:58
20	Larry W Krieger	Rochester	NY 35	M	357	28:34	2:32:56	1:19:34	4:21:04
21	Michael J Moffett	Rensselaer	NY 33	M	239	28:20	2:28:36	1:25:25	4:22:21
22	Steve Hare	Middlebury	VT 36	M	347	32:12	2:28:47	1:22:21	4:23:20
23	Randy Zabukovee	Etobicoke	ON 23	M	32	29:57	2:32:44	1:20:52	4:23:33
24	Jeffrey S. Kenderdine	Lancaster	PA 28	M	105	29:45	2:26:17	1:28:25	4:24:27
25	Jimmy Hoffman	Sea Bright	NJ 38	M	351	28:39	2:32:55	1:23:25	4:24:59
26	Adam Singer	Wilmington	DE 33	M	264	31:49	2:33:26	1:20:15	4:25:30
27	Peter G Slattery	Amityville	NY 36	M	385	32:47	2:26:46	1:26:46	4:26:19
28	David P Anderson	Ithaca	NY 31	M	181	28:24	2:30:34	1:27:22	4:26:20
29	Eric M. Portner	Ottawa	ON 24	M	38	27:35	2:34:28	1:24:21	4:26:24
30	Martin Raymond	Ottawa	ON 30	M	250	25:44	2:37:27	1:23:16	4:26:27
31	Doug Rice	Rumson	NJ 37	M	376	26:33	2:32:55	1:27:23	4:26:51
32	Brian M O'neil	Schenectady	NY 34	M	244	26:08	2:30:10	1:30:37	4:26:55
33	Tom E Shinnars	Alexandria	VA 40	M	451	32:26	2:28:40	1:26:59	4:28:05
34	Riley E Horton	Westwood	NJ 31	M	216	00:00	N/A	1:27:05	4:28:33
35	Brian V Mc Laughlin	Halleax	NS 34	M	235	00:00	N/A	1:18:35	4:28:46
36	Michael J Halstead	Port Ewen	NY 26	M	96	29:03	2:30:41	1:29:08	4:28:52
37	Oakes I Ames	New Canaan	CT 40	M	423	32:27	2:28:32	1:27:56	4:28:55
38	Steven C Schindler	Kingston	NY 34	M	258	28:36	2:36:28	1:24:36	4:29:40
39	Greg Capello	Ottawa Ontario	30	M	186	31:40	2:36:17	1:21:51	4:29:48
40	Kevin L Maier	Manlius	NY 37	M	360	30:01	2:34:59	1:25:37	4:30:37
41	Daniel H Chasey	Long Branch	NJ 44	M	428	35:26	2:27:15	1:28:02	4:30:43
42	Jeremiah J Fitzgibbon	Bedford	NH 36	M	343	26:36	2:41:28	1:22:44	4:30:48
43	Fred S Marius	Arlington	MA 29	M	134	27:38	2:35:21	1:27:50	4:30:49
44	Carl Desjardins	Dollard-des-orm	27	M	90	00:00	N/A	1:33:49	4:30:50
45	Jim Hunter	Baltimore	MD 42	M	457	33:48	2:34:19	1:23:23	4:31:30
46	Greg Sykes	Scarboro	ON 32	M	270	35:03	2:33:15	1:23:20	4:31:38
47	Daniel J Hagan	Phila	PA 27	M	95	33:27	2:35:27	1:23:20	4:32:14
48	David B Williams	New York	NY 31	M	275	31:59	2:29:48	1:30:45	4:32:32
49	Dan R Logan	Hamilton	ON 41	M	439	31:03	2:35:35	1:25:58	4:32:36
50	Jeffrey S Jackson	So Burlington	VT 35	M	353	27:24	2:36:18	1:29:26	4:33:08
51	Andrew Heard	Macungie	PA 27	M	97	32:49	2:42:17	1:18:04	4:33:10
52	Duffin D Newman	Basking Ridge	NJ 25	M	135	00:00	N/A	1:28:17	4:33:30
53	Bruce L Lulla	Greenwich	CT 36	M	359	27:30	2:37:44	1:28:38	4:33:52
54	Brian P Delaney	Lake Placid	NY 37	M	339	32:45	N/A	N/A	4:34:20
55	James D Henderson	Kalamazoo	MI 34	M	350	33:51	2:33:12	1:27:28	4:34:31
56	Richard P Foote	Middlebury	VT 35	M	344	35:28	2:37:32	1:21:52	4:34:52
57	Stephen Fuller	Randolph	NJ 26	M	93	30:40	2:32:23	1:32:25	4:35:28
58	James Bodden	Hamilton	ON 25	M	74	00:00	N/A	N/A	4:36:35
59	Gilbert De Foenbrune	Candiac	QU 25	M	89	28:59	2:41:15	1:26:25	4:36:39
60	Ross Galitsky	New York	NY 32	M	204	26:09	2:37:57	1:32:37	4:36:43

TUPPER LAKE TINMAN TRIATHLON

PLACES: 61 TO 120

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL		
61	Frank C	Terranova	Pt Pleasant Bea	NJ	40	M	453	32:22	2:33:46	1:30:37	4:36:45
62	Daniel	Budd	Gloucester	ON	28	M	78	30:33	2:37:55	1:28:17	4:36:45
63	Marc	Reuss	Cambridge	MA	31	M	254	31:55	2:32:20	1:32:59	4:37:14
64	Terry W	Habecker	Ithaca	NY	45	M	475	33:46	2:36:24	1:27:33	4:37:43
65	Philip A	Gormley	Port Chester	NY	33	M	209	27:23	2:34:38	1:35:48	4:37:49
66	Sean M	Clancy	Bound Brook	NJ	27	M	83	29:53	2:42:09	1:26:11	4:38:13
67	John H.	Pretzell	Somerset	NJ	34	M	248	31:45	2:35:19	1:31:43	4:38:47
68	Robert M	Piegari	Kingston	NY	26	M	114	35:23	2:35:38	1:27:52	4:38:53
69	Scott H	Carlson	Arlington	MA	29	M	79	28:55	2:39:13	1:30:49	4:38:57
70	Eric J	Virkler	Camillus	NY	28	M	123	27:28	2:44:37	1:27:09	4:39:14
71	Beak	Cosenza	Lynborrk	NY	30	M	155	34:14	2:42:44	1:22:30	4:39:28
72	Tad	Hollworth	Somers	CT	27	M	99	25:05	2:41:34	1:32:51	4:39:30
73	Robert W	D'arras	Ottawa	ON	36	M	337	32:17	2:41:30	1:25:48	4:39:35
74	Steve	Winslow	Manlius	NY	32	M	276	31:24	2:35:55	1:32:23	4:39:42
75	Barrett L	Smith	Kingston	NY	21	M	21	27:48	2:33:08	1:39:01	4:39:57
76	Steven B	Russell	Toronto	ON	31	M	256	33:43	2:36:00	1:30:46	4:40:29
77	Rick	Harrington	Ann Arbor	MI	48	M	476	33:42	2:40:45	1:26:11	4:40:38
78	Steve	Carpentier	Shawinigan	QU	24	M	42	30:15	2:29:19	1:41:18	4:40:52
79	Ronald A	Vavala	Erie	PA	29	M	121	34:44	2:35:13	1:31:24	4:41:21
80	John W	Wilson	Rowayton	CT	35	M	393	33:14	2:35:59	1:32:35	4:41:48
81	Jerry M	Washo	Oneida	NY	27	M	124	32:25	2:37:14	1:32:14	4:41:53
82	Zachary T	Giegel	Pittsburgh	PA	19	M	10	32:37	2:45:22	1:24:24	4:42:23
83	Edward J	Dziebak	Carbondale	PA	40	M	431	29:23	2:38:54	1:35:11	4:43:28
84	Robert C	Wolfe	Hamilton	NY	21	M	19	34:16	2:44:35	1:25:03	4:43:54
85	Cecil A	Elmore	Schenectady	NY	30	M	198	31:13	2:37:16	1:35:29	4:43:58
86	Scott	Wasserman	Port Chester	NY	30	M	273	31:53	2:37:15	1:34:58	4:44:06
87	Mark S	Rogalski	Somerset	NJ	26	M	117	34:43	2:37:26	1:32:03	4:44:12
88	Win	Thomas	Rutland	VT	44	M	454	33:55	2:38:42	1:31:51	4:44:28
89	Michael	Vagnone	Trumbull	CT	37	M	388	33:47	2:42:22	1:28:44	4:44:53
90	Jim S	Kenny	Knowlton	QU	39	M	355	29:53	2:40:48	1:34:23	4:45:04
91	Bernard	Alix	St Luc	QU	24	M	15	31:54	2:34:13	1:39:10	4:45:17
92	Mario A	Souza	Rutherford	NJ	30	M	265	32:03	2:46:03	1:27:19	4:45:25
93	Walter	Rider	Bedford	NH	41	M	448	40:19	2:31:02	1:34:09	4:45:30
94	David	Allen			33	M	286	32:13	2:47:44	1:25:36	4:45:33
95	Jim R	Lyman	Enfield	CT	33	M	230	31:38	2:46:19	1:27:45	4:45:42
96	Claudia	Kretchman	Ringwood	NJ	33	F	180	30:41	2:41:07	1:33:56	4:45:44
97	Jack J	Birecree	Rochester	NY	40	M	424	30:14	2:39:47	1:36:07	4:46:08
98	John J	Metenosky	Milford	NJ	33	M	238	36:46	N/A	N/A	4:46:14
99	Kyle J	Wolfe	Cos Cob	CT	22	M	18	00:00	N/A	1:36:33	4:46:25
100	Bonnie	Morse-gillham	Albany	NY	37	F	306	25:49	2:42:25	1:39:15	4:47:29
101	Rick	Witzel	Cedar Grove	NJ	39	M	394	37:19	2:34:04	1:36:10	4:47:33
102	Fred J	Hance	Clifton Park	NY	30	M	211	33:20	2:44:26	1:29:53	4:47:39
103	Al	Nakas	Westport	CT	40	M	446	31:55	2:34:27	1:41:24	4:47:46
104	Don	Davis	New Paltz	NY	48	M	474	31:36	2:48:27	1:27:50	4:47:53
105	David	Pickwood	Montreal	QU	25	M	130	31:13	2:44:27	1:32:30	4:48:10
106	Thomas	Tetz			25	M	137	00:00	N/A	1:32:51	4:48:10
107	Tony	Kovic	Mississauga	ON	30	M	222	34:26	2:40:56	1:33:45	4:49:07
108	Stephen A	Judice	Basking Ridge	NJ	22	M	33	30:20	2:40:51	1:38:27	4:49:38
109	Diane	Slevin	N Merrick	NY	28	F	55	00:00	N/A	1:32:22	4:50:15
110	Robert F	Frattaroli	Roslindale	MA	32	M	205	32:01	2:45:09	1:33:59	4:51:09
111	Manuel N	Astiasaran	Granby	CT	33	M	183	31:14	2:46:35	1:34:32	4:52:21
112	Jim M	Carmellini	New Milford	CT	31	M	187	31:23	2:47:32	1:33:52	4:52:47
113	Eric P	Marquard	South Orange	NJ	29	M	109	26:53	2:48:02	1:38:09	4:53:04
114	Rick	Floody	Courtice	ON	44	M	432	35:59	2:45:43	1:31:26	4:53:08
115	Kathy P	Ryan-rice	Rumson	NJ	36	F	307	28:30	N/A 2:44:15	N/A 1:40	4:53:15
116	Paul	Ruggeri	Manlius	NY	30	M	255	26:46	2:49:58	1:36:35	4:53:19
117	Richard	Flewelling	Stratham	NH	34	M	200	37:30	2:51:36	1:24:18	4:53:24
118	Wayne W	Vartabedian	Valley Stream	NY	29	M	120	34:49	2:47:02	1:31:56	4:53:47
119	John	Mulcahy	Franklin Square	NY	40	M	445	00:00	N/A	1:33:52	4:53:57
120	Richard	Barzdenis	Kirkland Quebec		36	M	324	33:59	2:43:11	1:36:48	4:53:58

28:30 2:40 3:08:30 4:53:15 2:08:30 2:40 7:44:15

## TUPPER LAKE TINMAN TRIATHLON

PLACES: 121 TO 180

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL
121	Glenn A Prushinski	Southington	CT 25	M	115	32:10	2:51:29	1:30:29	4:54:08
122	Douglas E Cote	Manchester	CT 33	M	191	25:31	2:45:46	1:42:59	4:54:16
123	David A Casey	Burlington	VT 31	M	188	30:20	2:54:21	1:29:39	4:54:20
124	Mark E Whitcomb	South Orange	NJ 34	M	274	31:55	2:40:00	1:42:25	4:54:20
125	Bill Sapp	Falls Church	VA 27	M	118	36:30	2:48:05	1:29:49	4:54:24
126	Lise Lague	Hull	QU 32	F	165	26:09	2:51:29	1:36:51	4:54:29
127	Peter M Quinn	Chatham	NJ 35	M	374	33:53	2:44:08	1:36:40	4:54:41
128	Ronald W Dantonio	Jamesville	NY 33	M	193	32:00	2:51:27	1:31:19	4:54:46
129	Michael Shelter	Oakville Ontari	32	M	262	26:48	2:33:04	1:55:22	4:55:14
130	Keith T Morris	Stamford	CT 33	M	241	35:18	2:44:22	1:35:43	4:55:23
131	Marc Bellerive		22	M	48	31:15	2:47:35	1:36:37	4:55:27
132	Vinnie A Robbins	Asbury Park	NJ 37	M	378	00:00	N/A	1:34:14	4:55:31
133	Jody Brown	Lititz	PA 33	F	152	00:00	N/A	1:36:12	4:55:42
134	John C Boettger	Havertown	PA 29	M	76	32:51	2:45:38	1:37:14	4:55:43
135	John A Jones	Pittsburgh	PA 29	M	103	32:30	2:50:19	1:33:01	4:55:50
136	David Mc Clintock	Ottawa	ON 39	M	363	34:36	2:44:52	1:36:27	4:55:55
137	Leslie M Solomon	Wayne	NJ 39	M	308	32:55	2:49:41	1:33:25	4:56:01
138	Shawn Wilson	Camp Hill	PA 28	M	127	00:00	N/A	1:46:47	4:56:01
139	Timothy M Walczyk	Marcellus	NY 35	M	389	38:23	2:39:34	1:38:12	4:56:09
140	Brad E Crossley	Dartmouth	NS 27	M	88	30:39	2:50:30	1:35:07	4:56:16
141	Anna C Coatsworth	New York	NY 23	F	2	00:00	N/A	1:35:59	4:56:23
142	Matthew D Haubrich	Madison	CT 21	M	34	30:17	2:52:56	1:33:48	4:57:01
143	Pat Donnelly	Etobicoke	ON 42	M	430	42:56	2:48:13	1:26:07	4:57:16
144	Bill I Wittman	Oaklyn	NJ 35	M	392	34:34	2:47:56	1:34:56	4:57:26
145	James B Frutkin	Whately	MA 40	M	433	31:32	2:54:15	1:31:46	4:57:33
146	Fred L Phillips	North Tonawanda	NY 33	M	247	30:14	2:37:32	1:49:48	4:57:34
147	Craig R Marson	Forest Hills	NY 32	M	233	34:18	2:47:52	1:35:34	4:57:44
148	David S Stewart	Pittsubrgh	PA 25	M	116	36:17	2:43:52	1:37:36	4:57:45
149	Justin Hines		22	M	45	38:18	2:45:40	1:33:55	4:57:53
150	Richard F Kixmiller	New York	NY 46	M	479	39:31	2:43:29	1:34:57	4:57:57
151	Robert M Shaddock	N Royalton	OH 33	M	260	37:25	2:43:07	1:37:29	4:58:01
152	Richard F Gregory	Garden City	NY 27	M	94	26:45	2:58:45	1:32:33	4:58:03
153	Gilbert Elmaleh	Thornhill	ON 27	M	91	33:28	2:55:06	1:29:38	4:58:12
154	August J Calabrese	Spencerport	NY 39	M	327	33:23	3:00:08	1:24:57	4:58:28
155	Bill Mc Dermott	Glen Rock	NJ 27	M	110	32:32	2:47:43	1:38:24	4:58:39
156	Brian G Pedersen	Norwalk	CT 39	M	372	31:35	2:52:55	1:34:14	4:58:44
157	Christophe Hellman	Lindenhurst	NY 32	M	214	39:14	2:40:17	1:39:31	4:59:02
158	Marty Weinstein	Salisbury	MA 28	M	125	37:28	2:50:44	1:30:58	4:59:10
159	Joseph J Calvanese	Plantsville	CT 37	M	328	32:40	2:56:48	1:30:02	4:59:30
160	Steven H Cherenson	Chatham	NJ 32	M	189	31:41	2:50:57	1:36:57	4:59:35
161	Robert J Laporte	Shaftsbury	VT 40	M	436	31:18	2:52:49	1:35:48	4:59:55
162	William J Hayter	Toronto	ON 40	M	435	29:19	2:56:10	1:34:44	5:00:13
163	George E Triffon	New York	NY 22	M	22	27:09	2:54:16	1:38:56	5:00:21
164	Louis J Pelissier	Rutherford	NJ 24	M	30	26:46	2:59:12	1:34:37	5:00:35
165	Mike A Scott	Sterling	MA 38	M	383	39:02	2:41:57	1:39:58	5:00:57
166	Bob W Wright	Bradford	NH 53	M	500	33:37	2:58:28	1:29:19	5:01:24
167	Michael P Hosey	Pine City	NY 35	M	396	34:00	2:51:24	1:36:12	5:01:36
168	George H Cespedes	Brooklyn	NY 29	M	81	35:45	2:53:29	1:32:26	5:01:40
169	Russell St Clair	Palmyra	PA 31	M	266	41:06	2:46:18	1:34:22	5:01:46
170	Carol A Retter	Stamford	CT 28	F	56	29:01	3:00:36	1:32:34	5:02:11
171	Jorge E Caviedes	White Plains	NY 38	M	330	39:41	2:48:04	1:35:12	5:02:57
172	Frederick Mabie	Waldwick	NJ 34	M	231	42:35	2:45:24	1:35:03	5:03:02
173	Tom Murphy	Marlton	NJ 35	M	369	37:46	2:49:55	1:35:27	5:03:08
174	Charles E Windus	Somerville	NJ 46	M	484	34:52	2:54:07	1:34:16	5:03:15
175	Michael R Cook	Falls Church	VA 51	M	493	44:45	2:42:07	1:36:37	5:03:29
176	Ted Fish	Braintree	MA 34	M	282	36:04	2:46:51	1:40:54	5:03:49
177	Ann S Erdogan	Hoboken	NJ 29	F	62	28:54	2:52:10	1:42:46	5:03:50
178	Mark G Murphy	Cardiff	NJ 34	M	242	44:28	2:48:20	1:31:23	5:04:11
179	Fred W Kniffin	New Haven	VT 32	M	221	28:08	2:41:28	1:54:59	5:04:35
180	Charles F Ryther	Babylon	NY 36	M	381	36:00	2:51:24	1:37:24	5:04:48

TUPPER LAKE TINMAN TRIATHLON

PLACES: 181 TO 240

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL		
181	Gregory E	Johnston	Baltimore	MD	36	M	354	27:05	2:51:11	1:46:46	5:05:02
182	Kelly P	Conklin	Toms River	NJ	26	M	86	30:04	2:58:34	1:36:29	5:05:07
183	Tom	Doogan	Brookville	NY	39	M	342	31:30	2:47:37	1:46:11	5:05:18
184	Ed	Harrold	Atlantic City	NJ	33	M	285	27:28	2:56:25	1:41:29	5:05:22
185	Mark G	Hartmann	Erie	PA	31	M	213	35:51	2:53:55	1:35:41	5:05:27
186	Rip L	Reeves	Greenwich	CT	33	M	251	27:50	2:54:21	1:43:17	5:05:28
187	Abid A	Khaleel	Tinton Falls	NJ	29	M	106	32:39	2:46:04	1:47:02	5:05:45
188	Rudy	Hollywood	Nepean	ON	47	M	477	36:00	N/A	N/A	5:05:55
189	Jeanette G	Vyvyvan	Hershey	PA	31	F	169	34:17	2:48:48	1:43:08	5:06:13
190	Libby A.	Brown	Weston	ON	35	F	301	28:05	2:49:58	1:48:32	5:06:35
191	Joe Fish	Kensil	Lynbrook	NY	35	M	356	33:46	2:48:02	1:45:08	5:06:56
192	Andrew	Fried	West Orange	NJ	36	M	345	28:37	2:47:55	1:50:56	5:07:28
193	Gilbert A	Aviles	Brooklyn	NY	26	M	72	36:25	2:45:32	1:45:44	5:07:41
194	Kip E	Clyburn	Raleigh	NC	26	M	84	32:42	2:43:15	1:51:52	5:07:49
195	Bernie	Kichula	Merchantville	NJ	47	M	478	39:15	2:52:53	1:35:41	5:07:49
196	Dennis J	Houseman	Sewell	NJ	37	M	352	37:05	2:51:40	1:39:06	5:07:51
197	David J	Vietze	Needham	MA	29	M	122	43:36	2:49:15	1:35:09	5:08:00
198	Todd R	Pellmann	Alexandria	VA	31	M	246	35:59	2:48:05	1:44:32	5:08:36
199	Bev W	Beckham	Houston	TX	34	F	310	28:46	2:53:23	1:46:37	5:08:46
200	John	Oconnell			25	M	140	28:47	2:59:11	1:40:51	5:08:49
201	Gregory	Donahue			35	M	399	32:39	3:06:56	1:29:16	5:08:51
202	Ed T	Bolles	Windsor	CT	30	M	184	31:15	2:44:05	1:54:23	5:09:43
203	Kevin J	Mc Manus	Hoboken	NJ	30	M	236	31:08	2:57:07	1:42:00	5:10:15
204	Susan	Yorke	North York	ON	26	F	52	34:28	2:55:35	1:40:15	5:10:18
205	Stephen	Sheffield	Longmeadow	MA	42	M	450	34:53	2:49:07	1:46:35	5:10:35
206	Aubin G	Sullivan	New York	NY	25	F	54	30:33	3:02:23	1:37:42	5:10:38
207	Stephen J	Jarski	Bronx	NY	27	M	102	31:26	2:58:57	1:40:16	5:10:39
208	Laurie Ste	Grady	Southbury	CT	32	F	157	34:41	2:54:34	1:41:53	5:11:08
209	Kevin W	Hudson	New York	NY	30	M	218	29:56	2:56:47	1:45:35	5:12:18
210	Barry A	Pezzner	Kingston	PA	37	M	373	40:02	2:54:05	1:38:17	5:12:24
211	Paul D	Armstrong	Bristol	CT	24	M	41	34:27	2:44:44	1:53:18	5:12:29
212	David	Maleski	Keene	NH	39	M	361	48:09	2:48:58	1:35:28	5:12:35
213	Timothy	Barber			33	M	287	38:34	2:46:28	1:47:43	5:12:45
214	Richard	Litzel	Newark Valley	NY	53	M	495	35:01	2:59:01	1:39:11	5:13:13
215	Joseph U	Lee	Lancaster	PA	33	M	225	39:17	2:53:10	1:41:03	5:13:30
216	Charles	Madeau	Ottawa	ON	30	M	281	36:43	2:53:00	1:44:28	5:14:11
217	Michael R	Gitt	Drexel Hill	PA	33	M	208	34:11	N/A	N/A	5:14:39
218	Keith A	Decker	Clifton Park	NY	31	M	195	33:27	2:53:39	1:47:49	5:14:55
219	Thomas E	Eicke	Pinebrook	NJ	31	M	197	36:19	2:44:58	1:54:02	5:15:19
220	Nancy E	Peck	Woodstock	VT	29	F	59	34:48	3:02:46	1:38:09	5:15:43
221	Jeff L	Shaffer	Chagrin Falls	OH	31	M	261	35:53	2:59:59	1:40:04	5:15:56
222	John	Scalzo	Bayside	NY	30	M	257	38:04	2:57:29	1:40:36	5:16:09
223	Michael J	O'connor	Pittsburgh	PA	26	M	113	32:54	N/A	N/A	5:16:09
224	Thomas H	Senff	Toms River	NJ	36	M	384	30:53	2:56:02	1:49:25	5:16:20
225	John	Hall			25	M	139	34:42	2:56:54	1:44:46	5:16:22
226	Bruce R	Wong	Little Silver	NJ	28	M	126	32:56	2:50:50	1:53:16	5:17:02
227	Robert F	Moriarty	Washington	DC	31	M	240	35:10	2:59:52	1:42:02	5:17:04
228	Greg	Manocherian	New York	NY	26	M	108	32:30	3:02:01	1:42:35	5:17:06
229	Joseph	Hannon	Feasterville	PA	21	M	29	40:52	2:56:30	1:40:20	5:17:42
230	Robert S	Nielsen	Floral Park	NY	41	M	447	38:31	2:56:25	1:43:32	5:18:28
231	John T	Oberwetter	Washington Depo	CT	48	M	482	00:00	N/A	1:46:47	5:18:41
232	Tom	Moschella	Bedord	MA	39	M	367	40:45	2:58:22	1:39:58	5:19:05
233	Paulo	Netto			22	M	46	35:35	2:49:24	1:54:26	5:19:25
234	Ralph	Bradley	Washington	DC	29	M	326	32:36	3:03:13	1:43:54	5:19:43
235	Tracy	Hespelt	Sparta	NJ	33	F	161	40:59	2:54:57	1:44:44	5:20:40
236	Mark E	Mulder	Allendale	NJ	35	M	368	35:27	2:48:59	1:56:25	5:20:51
237	Shelby W	Bonnie	New York	NY	29	M	77	44:02	3:06:03	1:31:48	5:21:53
238	Steven L	Loscher	Stony Point	NY	35	M	358	36:40	2:53:12	1:52:05	5:21:57
239	Caryn D	Etherington	Middlebury	VT	36	F	302	36:27	3:09:18	1:36:17	5:22:02
240	George C	Lissenden	Island Heights	NJ	33	M	228	28:22	2:47:17	2:06:39	5:22:18

## TUPPER LAKE TINMAN TRIATHLON

PLACES: 241 TO 300

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL
241	Christine Dehnel	Sparta	NJ 37	F	338	30:56	3:09:30	1:42:04	5:22:30
242	Frank Marrone	Croton-on-hudson	NY 44	M	442	31:34	2:54:54	1:56:17	5:22:45
243	Harry L Saltzer	Abbottstown	PA 38	M	382	40:32	2:57:10	1:45:04	5:22:46
244	Thomas M Haughney	W Redding	CT 38	M	349	36:37	2:55:18	1:51:47	5:23:42
245	Michael Coulombe	Montreal	QU 39	M	335	40:24	2:55:28	1:48:02	5:23:54
246	Robert S Ames	Havertown	PA 39	M	322	35:49	N/A	N/A	5:24:11
247	Thomas H Aldrich	Ossining	NY 35	M	395	33:31	3:00:24	1:50:24	5:24:19
248	David Padilla	Bloomfield	NJ 39	M	371	35:21	2:57:34	1:51:32	5:24:27
249	Dennis J White	Trumbull	CT 39	M	391	35:08	3:14:00	1:35:31	5:24:39
250	John N Myers	New York	NY 48	M	481	33:54	2:55:26	1:56:03	5:25:23
251	Steven W Connell	Ypsilanti	MI 30	M	190	33:15	3:02:43	1:49:29	5:25:27
252	Kevin W Bodie	Bethel	CT 28	M	75	33:59	3:03:33	1:47:57	5:25:29
253	Steven A Kowalkoski	Quantico	VA 30	M	223	31:32	2:52:29	2:01:35	5:25:36
254	Charles Schade	Willowdale Onta	40	M	449	39:12	3:06:15	1:40:19	5:25:46
255	Carlo Calvi	Montreal	QU 40	M	458	41:18	2:59:33	1:45:06	5:25:57
256	Andre Liu	Flushing	NY 29	M	107	28:56	2:59:09	1:58:14	5:26:19
257	Jim D Adams	Altona	NY 46	M	471	40:47	3:05:01	1:40:41	5:26:29
258	Philip H Aronoff	New York	NY 29	M	129	43:06	3:11:16	1:32:30	5:26:52
259	Linda D Antanio		25	F	64	36:38	3:02:27	1:47:56	5:27:01
260	Roger R Mills	Ottawa	ON 43	M	444	35:18	3:08:04	1:43:54	5:27:16
261	Steven K Ingram	Northfield	VT 50	M	505	39:22	2:50:43	1:57:24	5:27:29
262	John Hartman	Shamong	NJ 30	M	212	28:07	3:03:59	1:55:38	5:27:44
263	Maureen L Sheehan	Rensselaer	NY 30	F	171	41:25	3:09:09	1:37:33	5:28:07
264	Steve E Carrington	Bryn Mawr	PA 26	M	80	29:58	3:11:47	1:46:26	5:28:11
265	Theresa D Hance	Clifton Park	NY 30	F	158	35:25	3:06:18	1:46:49	5:28:32
266	Terry Reagan	Hoboken	NJ 35	M	375	40:56	3:05:13	1:43:33	5:29:42
267	Anthony L Sgherza	New York	NY 32	M	259	35:26	3:12:56	1:41:22	5:29:44
268	Elizabeth Kenyon	New York	NY 32	F	162	30:12	3:10:33	1:49:22	5:30:07
269	Kathy Domanski	Buffalo	NY 30	F	156	35:08	3:00:58	1:54:50	5:30:56
270	Rosalyn Randall	Portland	MA 43	F	413	37:13	3:16:19	1:37:50	5:31:22
271	Michael Fuller	Seneca Falls	NY 38	M	346	36:47	3:04:01	1:50:45	5:31:33
272	Harry W Rhulen	Monticello	NY 29	M	133	36:19	3:04:35	1:50:42	5:31:36
273	Scott Girty	Amherst	NY 34	M	206	30:36	2:44:42	2:16:48	5:32:06
274	Michael J Gilson	So Euclid	OH 34	M	207	35:52	3:07:13	1:49:23	5:32:28
275	Marc Perrow	Shawinigan	QU 24	M	40	37:52	2:45:15	2:09:37	5:32:44
276	Tom Manzi	Point Pleasant	NJ 43	M	441	41:03	2:59:11	1:52:42	5:32:56
277	Chris Reardon	Milford	CT 43	M	456	39:45	3:01:35	1:51:57	5:33:17
278	Ron N Meshberg	Westport	CT 38	M	365	38:46	3:16:10	1:38:41	5:33:37
279	Robert A Burton	Baldwinsville	NY 43	M	426	00:00	N/A	1:46:56	5:33:45
280	Greg S Morgans	Liverpool	NY 35	M	366	39:23	3:08:14	1:46:35	5:34:12
281	Kevin W Hoover	Lexington	NC 32	M	217	39:30	3:10:21	1:44:43	5:34:34
282	Andrew S Bartlett	Rochester	NY 26	M	73	35:13	3:03:30	1:56:06	5:34:49
283	Aaron L Swimmer	Farmington	PA 31	M	269	35:58	3:11:16	1:47:52	5:35:06
284	Kenneth M Kachmar	Montclair	NJ 25	M	104	44:16	2:58:23	1:52:33	5:35:12
285	Bruce D Miller	Monroe	CT 50	M	496	41:02	3:17:09	1:37:03	5:35:14
286	David Appaluccio	Paterson	NJ 33	M	182	43:09	2:58:27	1:53:46	5:35:22
287	Donald Wogaman	Fredericksburg	VA 32	M	277	39:38	2:50:52	2:05:13	5:35:43
288	John O Konz	E Northport	NY 22	M	26	42:06	3:01:56	1:51:50	5:35:52
289	Jan Vermilye	New Paltz	NY 44	F	412	00:00	N/A	1:34:08	5:36:06
290	Scott P Sternbach	Jersey City	NJ 35	M	387	41:02	2:58:08	1:56:58	5:36:08
291	Randy S Leach	Littleton	MA 22	M	35	32:21	3:02:47	2:01:07	5:36:15
292	David A J Silcox	Toronto	ON 43	M	452	41:22	3:05:17	1:49:40	5:36:19
293	Timothy Driscoll	Chestnut Hill	MA 28	M	132	42:05	3:06:07	1:48:34	5:36:46
294	Mark J Catalano	Jackson	NJ 36	M	329	41:38	3:10:24	1:45:13	5:37:15
295	Tony T Dicairano	New Rochelle	NY 44	M	429	32:39	3:24:03	1:40:47	5:37:29
296	Michael Arnkvarn	Winchester Onta	37	M	323	36:29	3:08:35	1:52:35	5:37:39
297	Mark Sullivan	Arlington	MA 31	M	284	37:28	3:26:24	1:34:56	5:38:48
298	David Brown	Saratoga Spring	NY 32	M	185	32:08	3:08:13	1:58:59	5:39:20
299	Peter C Christopher	Long Valley	NJ 37	M	331	36:34	3:09:59	1:53:48	5:40:21
300	Marvin L Shockey	Mcguire Afb	NJ 32	M	263	37:23	3:02:03	2:01:46	5:41:12

## UPPER LAKE TINMAN TRIATHLON

RACES: 301 TO 360

RACE RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL
01 Alex Cowie	Oshawa	ON 55	M	511	45:44	3:08:24	1:47:32	5:41:40
02 Gordon W Brockie	Mississauga	ON 58	M	514	37:24	2:59:49	2:05:27	5:42:40
03 Donna J Metz	Loysville	PA 34	F	166	40:08	2:57:40	2:05:13	5:43:01
04 Bill F Palmer	Colts Nick	NJ 55	M	513	36:25	3:00:34	2:06:21	5:43:20
05 Neal C Mc Bain	Lebanen	NH 46	M	480	45:26	3:07:15	1:50:54	5:43:35
06 Philip F Nolan	New York	NY 39	M	370	41:20	3:16:32	1:46:14	5:44:06
07 Brian Colon	Armonk	NY 27	M	85	35:21	3:13:30	1:55:48	5:44:39
08 John J Mc Carthy	Erie	PA 39	M	362	35:58	2:59:05	2:09:45	5:44:48
09 Pamela Frame	New York	NY 35	F	304	36:57	3:06:10	2:02:18	5:45:25
10 William Sumner	Bristol	VT 49	M	488	31:07	3:07:49	2:07:06	5:46:02
11 Helen Malmberg	Toronto	ON 47	F	467	47:30	3:09:49	1:48:57	5:46:16
12 Julie A Hartmann	Erie	PA 30	F	159	00:00	N/A	1:51:47	5:46:50
13 John E St Onge	New Britain	CT 49	M	483	33:10	3:24:36	1:49:30	5:47:16
14 Mary Ann Kleschick	Haverford	PA 30	F	163	28:09	3:30:01	1:49:45	5:47:55
15 Robert T Peters	Northport	NY 22	M	23	34:11	3:04:56	2:09:21	5:48:28
16 John W Hearn	New York	NY 34	M	215	32:39	3:16:23	2:00:11	5:49:13
17 John Zettel	Forked River	NJ 46	M	485	44:44	3:03:33	2:00:59	5:49:16
18 Charles Ix	Arlington	MA 29	M	101	33:55	3:14:16	2:01:34	5:49:45
19 Don Kirby	Oshawa	ON 52	M	494	44:47	3:03:36	2:01:55	5:50:18
20 Terry C Coull	Cedar Grove	NJ 31	M	192	33:17	3:22:57	1:54:12	5:50:26
1 William R Zemaitis	Mechanicsburg	PA 27	M	128	40:20	3:03:48	2:06:27	5:50:35
2 Margaret I Evangelista	Bryn Manor	PA 28	F	60	33:20	3:12:27	2:05:35	5:51:22
3 Frank A Adornato	Bridgewater	NJ 46	M	472	36:29	3:17:14	1:58:38	5:52:21
4 Kevin M Miller	Blue Bell	PA 26	M	111	38:32	3:10:13	2:05:15	5:54:00
5 Robert A Mc Arthur	New York	NY 44	M	443	43:33	3:11:33	1:58:58	5:54:04
6 James Rutledge		45	M	470	42:36	3:09:27	2:02:35	5:54:38
7 Tom J Berezich	Trucksville	PA 51	M	502	44:45	3:20:24	1:50:58	5:56:07
8 Genny Allard	Ridgewood	NJ 29	F	51	26:49	3:12:56	2:18:22	5:58:07
9 Richard H Brown	Littleton	MA 54	M	491	38:31	3:11:50	2:08:24	5:58:45
0 Ken Roina		35	M	398	40:37	3:00:55	2:17:44	5:59:16
1 John A Griffin	New York	NY 30	M	210	37:53	3:27:07	1:54:27	5:59:27
2 David J Nagel	Candia	NH 33	M	243	43:45	3:10:21	2:05:39	5:59:45
3 Bill D Wyckoff	Rochester	NY 23	M	25	48:27	3:04:22	2:07:44	6:00:33
4 Joe G Stauber	Syosset	NY 30	M	267	37:03	3:25:40	1:57:55	6:00:38
5 Charles J Graziano	Aberdeen	NJ 42	M	434	33:29	3:03:46	2:23:32	6:00:47
5 Pierre P Radecki	Dix Hills	NY 24	M	20	42:28	3:23:29	1:55:10	6:01:07
7 Henry P Davison	New York	NY 31	M	194	31:50	3:08:02	2:22:41	6:02:33
3 Mark C Liebman	New Paltz	NY 43	M	437	35:30	3:21:11	2:07:46	6:04:27
9 Francisca Campos	Edison	NJ 32	F	153	36:28	3:27:48	2:00:16	6:04:32
0 Jim English	Ottawa	ON 45	M	487	38:38	3:37:03	1:49:48	6:05:29
1 Brad N Hendersan	Ingomar	PA 29	M	98	44:06	3:20:40	2:01:13	6:05:59
2 Donna L Russell	Mohegan Lake	NY 41	F	411	44:47	3:22:40	1:58:47	6:06:14
3 John F Forni	Brooklyn	NY 34	M	203	32:16	N/A	N/A	6:07:21
4 Glenn Conly	Hatboro	PA 37	M	334	39:38	3:19:13	2:08:49	6:07:40
5 Al Palcino	Rochester	NY 50	M	497	50:19	3:13:49	2:03:49	6:07:57
6 Stephanie Holtzman	Toronto	ON 28	F	61	32:34	3:16:23	2:19:26	6:08:23
7 Robert Zaleski	Elmont	NY 50	M	501	48:10	3:17:54	2:03:56	6:10:00
8 Richard H Cohen	Toledd	OH 49	M	473	33:32	3:43:07	1:54:49	6:11:28
1 Raymond H Rowland	Phila	PA 54	M	499	58:19	3:25:00	1:54:09	6:17:28
1 Ed Bumstead	Arlington	MA 51	M	504	46:03	3:32:57	1:58:39	6:17:39
Stephanie Poirier	Ardmore	PA 28	F	58	37:29	3:39:03	2:01:49	6:18:21
Carol Schindler	Kingston	NY 31	F	170	45:07	3:33:01	2:01:01	6:19:09
Frank Cherry	New York	NY 52	M	492	45:52	N/A	N/A	6:19:48
Joseph H Reichert	Rochester	NY 30	M	252	42:55	3:21:28	2:15:34	6:19:57
Yvonne A Baker-carini	Kingston	NY 47	F	468	47:10	3:19:26	2:15:17	6:21:53
James Vassanella	Somerset	NJ 33	M	283	38:58	3:21:52	2:21:10	6:22:00
Joseph Albano	Wayne	NJ 31	M	278	42:26	3:17:21	2:23:03	6:22:50
Bill Truran	Sparta	NJ 42	M	455	39:02	3:35:56	2:09:59	6:24:57
Paul B Martin	Vernon	CT 34	M	234	32:08	3:24:45	2:31:03	6:27:56
Cynthia F Knoebel	New York	NY 33	F	164	39:15	3:57:43	1:53:13	6:30:11

## TUPPER LAKE TINMAN TRIATHLON

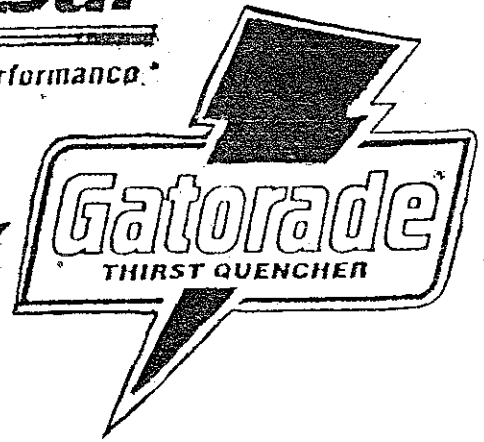
PLACES: 361 TO 375

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SEX	(#)	SWIM	BIKE	RUN	TOTAL		
361	Danny	Purfield	W Hurley	NY	22	M	71	59:12	3:27:24	2:09:20	6:35:56
362	Miryam	Fonken	Paterson	NJ	37	F	303	41:11	3:52:40	2:03:38	6:37:29
363	Peter C	Dolan	Lafayette	NJ	38	M	341	41:39	3:34:06	2:23:12	6:38:57
364	Matthew F	Kirchner	Fort Drum	NY	22	M	36	46:19	3:31:14	2:23:19	6:40:52
365	Beth A	Miller	Blue Bell	PA	23	F	3	36:30	3:28:15	2:39:22	6:44:07
366	Serena R	Ellermeyer	Pittsburgh	PA	25	F	63	38:06	4:07:53	2:00:42	6:46:41
367	Robert E	Radecki, Jr	Melville	NY	30	M	249	55:54	3:34:24	2:18:12	6:48:30
368	Kathleen	Dry	Somerville	NJ	23	F	4	33:17	3:48:02	2:27:38	6:48:57
369	Jim	Romer	Pequannock	NJ	37	M	379	41:03	3:35:04	2:34:01	6:50:08
370	Eytan J	Lombroso	New Rochelle	NY	41	M	440	45:19	3:46:47	2:23:17	6:55:23
371	Peter J	Lofaso	Binghamton	NY	40	M	438	42:18	3:34:59	2:38:08	6:55:25
372	Ronald C	Burton	Hallstead	PA	42	M	427	56:18	3:50:29	2:15:14	7:02:01
373	Beverly K	Leach	Littleton	MA	39	F	466	56:10	3:41:36	2:25:18	7:03:04
374	Melina	Vratny	Melville	NY	37	F	309	48:56	4:22:35	2:25:33	7:37:04
375	Paul	Johnson	Shandaken	NY	67	M	526	50:57	N/A	N/A	8:05:48

CompuScore Race Scoring System

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**Tinman Triathlon**

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