

## 2nd Annual Totowa PAL Road Races 5K/10K Results

**Results Status: Official (corrected)**

Chamberlain & Lincoln Avenues, Totowa NJ

Date: 10/24/2010 (Sunday)

Start Time: 10am (adjusted 10:24am)

Weather: Mostly Sunny (Slight Overcast)

Results by: Tristate Timing

[results@tristatetiming.com](mailto:results@tristatetiming.com)

Note: Due to some duplicates bib assignments please notify us given any discrepancies.

### 5K Overall Results

Place	Time	Bib	Last Name	First Name	City	M/F	Age	UF4
1	17:04.8	169	Stabile	Nico	Totowa	M	19	5K
2	17:29.0	218	Williams	John	Bryn Mawr	M	33	5K
3	17:56.1	271	Barkley	Steven	Wayne	M	28	5K
4	18:24.5	212	Dinardo	Vincent	Totowa	M	10	5K
5	18:48.1	140	Evans	Michael	Totowa	M	19	5K
6	19:12.3	167	Smith Jr.	Daniel	Cedar Grove	M	17	5K
7	19:50.8	166	Smith	Daniel	Cedar Grove	M	49	5K
8	20:09.6	227	Kelly	Edward	Cedar Grove	M	44	5K
9	20:33.2	200	Hasselberger	Pete	Totowa	M	36	5K
10	20:33.8	151	nalepka	nora	Bloomfield	F	16	5K
11	20:42.7	183	McHugh	Brian	Kinnelon	M	33	5K
12	20:49.9	236	Gierek	David	Saddle Brook	M	40	10K
13	20:59.1	126	Daly	Matthew	Cedar Grove	M	17	5K
14	21:22.9	199	Tesoriero	A.J.	Little Falls	M	34	5K
15	21:45.0	188	Rose	Billy	Totowa	M	13	5K
16	22:24.9	216	Jennings	Joe	Pompton Lakes	M	58	5K
17	22:49.7	205	Grant	Michael	Totowa	M	33	5K
18	22:50.8	217	King	Aldwyn	Hillside	M	50	5K
19	22:52.6	237	Candela	Elizabeth		F	46	5K
20	22:54.5	270	Rankin	Daryl		M	44	5K
21	23:02.3	242	Deros	Anthony		M	50	5K
22	23:11.6	141	Falcone	anthony	Fairfield	M	47	5K
23	23:20.2	125	Daly	Shane	Cedar Grove	M	13	5K
24	23:24.6	153	Pagano	Joseph	Totowa	M	45	5K
25	23:30.9	223	Hagman	Bill	Morris Plains	M	67	5K
26	23:45.0	178	Bahnsen	Dana	Hackensack	F	27	5K
27	23:45.9	213	Natusch	Dave	Totowa	M	32	5K
28	24:01.6	179	Barton	Sophia	Hoboken	F	27	5K
29	24:10.3	181	Demmie	Carl	Clifton	M	50	5K
30	24:16.4	239	Mullen	Brendan		M	15	5K
31	24:18.6	220	Golden	Breanne	Garnerville	F	25	5K
32	24:18.8	305	Koch	Laura	New City	F	24	5K
33	24:19.8	253	Wallace	Donna	Wayne	F	44	5K
34	24:22.4	248	Voit	Richard		M	15	5K
35	24:23.1	262	Allen	Steven		M	32	5K
36	24:32.8	235	Ayan	Melike	Clifton	F	39	5K
37	24:39.1	174	Vitencz	Victor	Fairfield	M	51	5K
38	24:43.4	224	Byrne	Ernie	Totowa	M	38	5K
39	24:44.9	238	Monteyenne	Mark		M	41	5K
40	24:45.4	194	Pietrobono	Andrew	Wayne	M	16	5K

41	24:46.6	190	DeLuccia	Alexander	Totowa	M	34	5K
42	25:22.5	189	DeLuccia	Jennifer	Totowa	F	34	5K
43	25:26.0	148	Hathi	Vishant	Cedar Grove	M	40	5K
44	25:30.1	120	Coad	Christine	Verona	F	39	5K
45	25:31.3	221	Jacobs	Glenn	Englewood	M	62	5K
46	25:32.6	252	Wallace	Caity		F	14	5K
47	25:41.2	176	Jaganow	Viktor	Little Falls	M	61	5k
48	25:42.3	118	Cezar	Daniel	Towaco	M	21	5K
49	25:46.5	192	Antaki	Andrew	New York	M	32	5K
50	25:52.0	229	Hogan	Terrence	Wayne	M	40	5K
51	25:55.8	152	Ortiz	Mario	wayne	M	53	5K
52	26:03.7	195	Hiel	Christine	Woodland Pk.	F	36	5K
53	26:20.1	202	Madsen	Lynn	lincoln park	F	45	5K
54	26:24.0	164	Sandner	John	Wayne	M	40	5K
55	26:31.5	265	Siegel	Mark		M	33	5K
56	26:39.9	544	Davidson	Jamie	Little Falls	F	14	5K
57	26:43.6	241	Callegari	Ciro	Hawthorne	M	41	5K
58	26:47.2	240	Callegari	Catalina	Hawthorne	F	15	5K
59	26:48.2	261	Strauss	Harvy	NY	M	66	5K
60	26:49.2	268	Hennion	Richard		M	49	5K
61	26:53.0	269	Juarez	Maria	Dumont	F	28	5K
62	26:57.1	180	Bianchi	Marco	Leonia	M	29	5K
63	26:59.8	111	Bossert	Jamie	Florham Park	F	26	5K
64	27:01.6	110	Daly	Kelly Ann	Cedar Grove	F	45	5K
65	27:06.7	114	Carlucci	Tara	Lyndhurst	M	39	5K
66	27:08.6	203	Toerock	Karen	Totowa	F	36	5K
67	27:21.8	585	Schopperth	Jim	Totowa	M	49	5K
68	27:25.6	173	Toback	Jonathan	wayne	M	34	5K
69	27:40.2	300	Himmler	Brian	Piscataway	M	43	5K
70	27:46.2	249	Bierach	Gary	Totowa	M	23	5K
71	27:48.3	191	Gedrimas	Michele	Lyndhurst	F	41	5K
72	27:54.7	186	Cataliotti	Donna	Caldwell	F	50	5K
73	27:58.6	543	Janecek	Rob	West Milford	M	40	5K
74	28:02.5	201	Leech	Nancy	Totowa	F	49	5K
75	28:14.8	214	McDongall	Rob	Carteret	M	47	5K
76	28:27.4	226	Estok	John	Glen Rock	M	56	5K
77	28:30.4	230	Callamari	Harry	Totowa	M	48	5K
78	29:11.9	251	Cosik	John	N. Haledon	M	40	5K
79	29:20.6	228	DeLucia	Penelope		F	34	5K
80	29:30.0	155	Polledri	Diane	Verona	F	54	5K
81	29:31.9	260	Dohan	Jeffery		M	44	5K
82	29:37.6	250	Mormando	Kimberly		F	43	5K
83	29:44.0	187	Rose	Franklin	Totowa	M	46	5K
84	30:23.8	170	Stabile	annamarie	Totowa	F	47	5K
85	30:37.0	211	Dinardo	Mike	Totowa	M	42	5K
86	30:53.2	123	Cramsie	Michael	Glen Oaks	M	31	5K
87	31:03.3	137	Esteve	Vincent	Woodland Pk.	M	17	5K
88	31:16.7	198	Varona	John	Woodland Pk.	M	15	5K
89	31:16.9	263	Scardilli	Amy		F	32	5K
90	31:24.3	184	Mollica	Graciela	Kearny	F	24	5K
91	31:47.1	163	Sampong	Janine	Totowa	F	27	5K
92	31:57.6	246	Dipasquale	George		M	36	5K
93	32:02.7	219	Hall	Kay	Wayne	F	61	5K
94	32:05.3	196	Pietrobono	Mario	Wayne	M	47	5K
95	32:06.7	157	Roman	Michelle	Nutley	F	36	5K

96	32:07.6	234	Brenqel	Deborah		F	36	5K
97	32:53.0	185	Mollica	Grace	Kearny	F	54	5K
98	33:09.3	233	Appio	Toniann		F	17	5K
99	33:37.4	162	Ruocco	Michele	Totowa	F	40	5K
100	33:41.5	121	Collins	Stacie	Paterson	F	36	5k
101	33:50.8	255	DAlair	Jane		F	54	5K
102	33:55.9	243	Droggitis	Peter		M	12	5K
103	34:01.0	244	Droggitis	John		M	41	5K
104	34:08.3	109	Barton	Jessica	Cedar Grove	F	28	5K
105	34:24.4	145	Gansley	Andrew	Totowa	M	35	5K
106	34:27.5	149	Howard	Mary	Totowa	F	30	5K
107	34:33.4	128	Deceglie	Samantha	Totowa	F	20	5K
108	34:34.4	134	DiPasquale	Sharon	Totowa	F	36	5K
109	35:03.6	168	Sommer	Claire	West Orange	F	43	5K
110	35:17.1	106	Barnes	Kevin J.	Totowa	M	9	5K
111	35:28.1	225	Morman	Carol	N Caldwell	F	57	5K
112	35:32.9	204	Minardi	Christina	Wayne	F	44	5K
113	35:34.8	136	Esteve	Nicholas	Woodland Pk.	M	46	5K
114	35:36.6	147	Giarrusso	Amy	Totowa	F	33	5K
115	35:40.4	133	DiPaola	Franca	Totowa	F	46	5K
116	35:41.2	101	Ann Manfria	Carol		M	52	5K
117	35:42.7	264	Gallanthen	Jennan		F	31	5K
118	35:51.3	132	Dinardo	Nick	Totowa	M	8	5K
119	36:00.1	231	Bru	Alexandra	Ridgewood	F	68	5K
120	36:10.1	247	Dunn	Sean		M	45	5K
121	36:15.9	301	Root	Joe	Wayne	M	67	5K
122	36:40.5	254	Pelosi	Marco		M	12	5K
123	36:53.7	127	deceglie	Frank	totowa	M	45	5K
124	36:55.1	210	Dinardo	Keith	Totowa	M	38	5K
125	37:05.7	257	Calabrese	Norma		F	50	5K
126	37:06.3	245	Maoli	Eugene	Wayne	M	50	5K
127	38:10.3	124	Cramsie	Marissa	Glen Oaks	F	27	5K
128	38:19.0	272	Palermo	Susan	west orange	F	56	5K
129	38:26.1	108	Barone	Joanne	Newark	F	58	5K
130	38:38.6	146	Giarrusso	Jerry	Totowa	M	35	5K
131	39:06.1	222	Douglass	Kevin	Totowa	M	8	5K
132	39:54.6	115	Carlucci	Christa	Montclair	F	35	5K
133	40:38.8	208	Autore	Carol	Wayne	F	63	5K
134	40:52.0	138	Esteve	Jody	Woodland Pk.	F	50	5K
135	42:28.2	232	Oreilly	Terry	Fort Lee	M	68	5K
136	44:39.9	259	Rech	Albert		M	37	5K
137	45:29.1	142	Fazio	Benjamin	Woodland Pk.	M	25	5K
138	48:39.9	105	Barnes	Cheryl	Totowa	F	44	5K
139	48:42.0	197	Lisa	Kimuk	Totowa	F	36	5K
140	52:06.8	139	Esteve	Zachary	Woodland Pk.	M	14	5K
141	52:08.4	258	Villegas	Gabriel		M	13	5K
142	55:55.2	165	Shakoor	Adam	Totowa	M	27	5K
143	56:23.3	206	Grant	Carla	Totowa	F	30	5K
144	56:25.6	207	Bambara	Rosalba	Totowa	F	26	5K
145	56:45.1	130	Deceglie	Frankie	Totowa	M	6	5K
146	56:46.4	131	Deceglie	Nicolas	Totowa	M	4	5K
147	56:52.6	144	Fontanella	Carolyn	Totowa	F	48	5K
148	56:54.3	129	Deceglie	Annie		F	53	5K
149	59:59.4	143	Fazio	Nancy	Woodland Pk.	F	59	5K
150	1:07:34.4	266	Sullivan	Brian	Totowa	M	50	5K

151	1:07:35.5	267	Sullivan	Jackie		F	49	5K
152	1:12:53.0	172	Testa	Eva	Totowa	F	52	5K
153	1:12:54.0	171	Testa	Joann	Totowa	F	52	5K
			Daly	Kelly Ann	Cedar Grove	F	45	5K
			Ayan	Melike	Clifton	F	39	5K
			Barnes	Kevin	Totowa	M	45	5K
			Barnes	Jake	Totowa	M	7	5K
			Bowers	Richard	Totowa	M	41	5K
			Bowers	Roula	Totowa	F	35	5K
			Casmas	Dan	Fair Lawn	M	39	5K
			Cosmillo	M. Christophe	Totowa	M	26	5K
			Erickson	Art	Wayne	M	64	5K
		<b>Did Not Run</b>	Parker	Maureen	Montclair	F	37	5K
			Reinhardt	Sally		F	57	5K
			Romanowski	Kristy	north haledon	M	24	5k
			Ruocco	Richard	Totowa	M		5K
			Ruocco	Michele	Totowa	F	40	5K
			Ruocco	Brandon	Totowa	M	6	5K
			Testa	Joann	Totowa	F	52	5K
			Testa	Eva	Totowa	F	52	5K
			Wells	Riceal	Hasbrouck Heights	F	39	5K
			Bianchi	Sophia	Leonia	F	27	5K
			Luzzi	Joe	Fairfield	M	52	5K
			Fusco	Therese	Totowa	F	53	5K
			Scardilli	Steven		M	32	5K
			Rankin	Daryl		M	44	5K
			Signst	Nikki		F	40	5K
			Kaspinowicz	Karen		F	47	5K
			Lobia	Mia		F	15	5K
			Hesson	David	Wayne	M	42	Walk
			Hesson	Rosemary	Wayne	F	42	Walk

### 10K Overall Results

Place	Time	Bib	Last Name	First Name	City	M/F	Age	UF4
1	38:58.0	550	Nocito	Mark	Little Falls	M	27	10K
2	39:01.5	586	Davis	Eric	Edison	M	42	10K
3	40:25.1	612	Quaglia	Angelo	Byram	M	47	10K
4	40:49.9	546	Leitz	Karl	Jersey City	M	44	10K
5	40:55.9	594	Jarmillo	Jardon		M	28	10K
6	41:17.6	519	Cassidy	Mark	Ringwood	M	29	10K
7	41:50.6	613	Slaughter	Charlie		M	55	10K
8	42:00.0	551	Reichert	Danielle	Pequannock	F	39	10K
9	42:06.2	600	Autore	Don	Tallahassee	M	35	10K
10	42:14.9	510	Gebbia	Francine	Long Valley	F	18	10K
11	42:16.1	574	Burrowes	Jeff	Cedar Grove	M	38	10K
12	42:31.4	504	Davenport	Brian	Lake Hopatcong	M	49	10K
13	42:33.9	581	Duncker	Desmond	Glen Ridge	M	53	10K
14	42:36.1	602	Snedden	Michael	Montclair	M	52	10K
15	42:44.8	540	Frankel	Mark	Wayne	M	40	10K
16	43:24.8	582	Matysik	Ronald	Lodi	M	41	10K
17	43:35.6	555	Takeichi	Aya	Jersey City	F	33	10K
18	43:39.1	534	Argalas	Barton	Greenbrook	M	57	10K
19	43:41.0	539	Englehardt	Peter	Paterson	M	54	10K

20	43:52.6	577	Post	Demont	West Milford	M	40	10K
21	44:26.3	567	Hollis	Robert	Mahwah	M	50	10K
22	44:30.9	604	Guthrie	Andrew	Totowa	M	15	10K
23	45:20.0	549	Neighbour	Edward	Sparta	M	47	10K
24	46:01.2	521	Smith	Sean		M	16	10K
25	46:08.9	590	Zamechek	Ziv	Paramus	M	22	10K
26	46:28.3	596	Brito	Nuno	Kenilworth	M	60	10K
27	46:52.3	514	kollar	bill	Totowa	M	53	10K
28	47:14.1	558	Bellino	Carmen	Long Valley	F	34	10K
29	47:39.9	511	Gebbia	Alexandra	Long Valley	F	18	10K
30	47:49.3	620	Acosta	Oscar		M	53	10K
31	47:51.4	512	Gelvan	Dan	Parsippany	M	46	10K
32	48:14.8	564	Coffee	Joanne	Somerset	F	62	10K
33	48:21.0	702	Cosmillo	Richard	Totowa	M	52	10K
34	48:21.6	509	Gebbia	Richard	Long Valley	M	48	10K
35	48:26.2	591	Wisniewski	Stacy		F	28	10K
36	48:45.9	516	Manfria	Don		M	52	10K
37	48:47.0	568	Brooks	Baxter	South Plainfield	M	60	10K
38	49:16.0	563	Sciancalepore	Steven	Rutherford	M	23	10K
39	49:20.3	583	Kiss	Matthew	Woodland Park	M	15	10K
40	49:24.1	570	Dicarlo	Jamie	Little Falls	F	32	10K
41	49:28.8	560	Houlihan	Mary Beth	Wayne	F	31	10K
42	49:30.0	559	Houlihan	James	Wayne	M	31	10K
43	49:48.9	554	Sanders	Larry	Clifton	M	57	10K
44	50:00.0	605	Swiatek	George	Verona	M	60	10K
45	50:03.1	506	Doherty	Molly	New York	F	36	10K
46	50:11.3	593	Richko	Carl	Hewitt	M	60	10K
47	50:36.3	601	Lahr	Ronald	Cranford	M	42	10K
48	50:46.2	576	Post	Dawn	West Milford	F	42	10K
49	50:52.2	615	Vester	Karl	Garfield	M	61	10K
50	51:13.2	541	Donato	Mitchell	Little Falls	M	15	10K
51	51:31.1	538	Creary	Camille	North Bergen	F	39	10K
52	51:41.8	526	Sanders	Jessica	Wayne	F	31	10K
53	51:45.1	518	Ocasio	Sandro	Jersey City	M	32	10K
54	51:54.0	619	Brooks	Jeff	Towaco	M	45	10K
55	52:02.4	536	Braithwaite	Debbie	Hawthorne	F	51	10K
56	52:30.8	522	Potenza	Amy	Pinebrook	F	24	10K
57	52:40.0	565	Autore	Ken	Wayne	M	38	10K
58	52:59.0	607	Armestar	Stefano		M	15	10K
59	53:00.3	500	Andrelevich	Laura	Caldwell	F	25	10K
60	53:02.5	623	Portela	Mike		M	24	10K
61	53:21.8	578	Martinelli	Dean	Little Falls	M	49	10K
62	53:27.7	552	Robert	McGill	Budd Lake	M	50	10K
63	53:57.0	553	Saley	Joe	Teaneck	M	70	10K
64	54:02.0	589	Enriquez	Noe	Passaic	M	25	10K
65	54:06.9	617	Calabrese	Angelo	N Arlington	M	53	10K
66	54:08.9	621	Grassa	Lysie		F	43	10K
67	54:13.6	505	Davenport	Lisa	Lake Hopatcong	F	48	10K
68	54:30.1	573	Vasquez	Armando	Lake Hiawatha	M	41	10K
69	54:34.1	215	Moyer	Glenn	Paramus	M	68	10K
70	54:40.5	608	Buyck	Jonathan	Rochelle	M	47	10K
71	54:44.0	572	Bergmani	Robert	Fairlawn	M	42	10K
72	55:46.6	611	Fowler	Jarrod		M	26	10K
73	55:54.4	606	Ciliento	Diane	Fairlawn	F	15	10K
74	55:57.3	569	Nowen	Dave	Totowa	M	55	10K

75	56:02.4	597	Burns	Joseph	Hackensack	M	35	10K
76	56:07.6	566	Autore	John	Wayne	M	66	10K
77	56:27.5	527	Sanders	Mike	Wayne	M	32	10K
78	56:49.1	513	Kinailuk	Kevin	West Milford	M	35	10K
79	57:17.5	703	Merandino	Rose Ann	Lincoln Park	F	48	10K
80	58:32.7	610	Dolinsky	William	Totowa	M	61	10K
81	58:55.5	587	Ward	Judith	Somerset	F	51	10K
82	58:59.5	584	Vacca	Gregory	Wayne	M	36	10K
83	59:47.8	537	Corliss	Romy	Bloomfield	F	37	10K
84	59:49.7	545	latina	carmelo	fair lawn	M	50	10K
85	59:50.5	598	Gaita	Lauren	Hoboken	F	32	10K
86	59:51.2	517	Marinos	Stacy	Morris Plains	F	32	10K
87	1:00:02.2	556	Kates	Paul	Livingston	M	41	10K
88	1:01:02.4	588	Akmese	Aziz	Teaneck	M	59	10K
89	1:01:08.4	523	Romero-Riccobono	Maria	Woodland Pk.	F	37	10K
90	1:01:20.8	609	Shayka	Jill	Little Falls	F	33	10K
91	1:01:31.1	579	Evans	John	Lake Hopatcong	M	40	10K
92	1:01:44.9	618	Dolan	Linda	Totowa	F	47	10K
93	1:01:48.7	599	Gaita	Carmen	Hoboken	M	60	10K
94	1:02:38.5	501	Blais	Samantha	Sparta	F	27	10K
95	1:03:29.2	535	Ayala	Julio	Lodi	M	58	10K
96	1:04:26.4	603	Trommelen	Michael		M	14	10K
97	1:05:01.5	614	Wittlaw	Gayle		F	39	10K
98	1:06:05.0	624	Portela	Gerry	Montclair	M	29	10K
99	1:06:21.7	507	Fazio	Steven	Woodland Pk.	M	58	10K
100	1:06:26.1	561	Waleck	Michelle	maywood	F	31	10K
101	1:06:29.1	557	Urica	Victoria	Lodi	F	56	10K
102	1:06:38.7	528	Shuey	Rita	Wallington	F	31	10K
103	1:07:00.5	592	Deire	Patricia	Wayne	F	65	10K
104	1:07:54.7	532	Witters	Tammy	Highland Lakes	F	38	10K
105	1:08:04.8	529	Taylor	Heather	Montclair	F	39	10K
106	1:08:15.0	508	Friedman	Jaclyn	Montclair	F	38	10K
107	1:08:19.0	575	O'Hanlon	Patricia	Jersey City	F	67	10K
108	1:08:34.0	580	Aiello	Michael	Vernon	M	58	10K
109	1:09:01.5	622	Lembo	Doris		F	33	10K
110	1:09:37.4	595	Banns	James	Hackensack	M	39	10K
			camhi	shelby	Hoboken	F	33	10K
			Lombardo	Tony	sparta	M	45	10K
			Orlofsky	Michael	Brick	M	26	10K
			Ruscher	Rob	Pequannock	M	38	10K
			Ruscher	Bobbi	Pequannock	F	38	10K
		<b>Did Not Run</b>	WILLIAMS	SARAH	Wayne	F	17	10K
			Appaluccio	David	Wayne	M	50	10K
			Hudson	Bill	Easton	M	36	10K
			Machuca	Mike	River Edge	M	71	10K
			McGill	Lori	Budd Lake	F	51	10K
			Murphy	Eric		M	31	10K

### 5K Overall & Age Group Results

#### 5K Overall - Male

1	17:04.8	169	Stabile	Nico	Totowa	M	19	5K
2	17:29.0	218	Williams	John	Bryn Mawr	M	33	5K
3	17:56.1	271	Barkley	Steven		M	28	5K

**5K Overall - Female**

1	20:33.8	151	Nalepka	Nora	Bloomfield	F	16	5K
2	22:52.6	237	Candela	Elizabeth		F	46	5K
3	23:45.0	178	Bahnsen	Dana	Hackensack	F	27	5K

**7-9 Male**

1	35:17.1	106	Barnes	Kevin J.	Totowa	M	9	5K
2	35:51.3	132	Dinardo	Nick	Totowa	M	8	5K
3	39:06.1	222	Douglass	Kevin	Totowa	M	8	5K

**10-14 Male**

1	18:24.5	212	Dinardo	Vincent	Totowa	M		5K
2	21:45.0	188	Rose	Billy	Totowa	M	13	5K
3	23:20.2	125	Daly	Shane	Cedar Grove	M	13	5K

**10-14 Female**

1	25:32.6	252	Wallace	Caity		F	14	5K
2	26:39.9	544	Davidson	Jamie	Little Falls	F	14	5K

**15-19 Male**

1	18:48.1	140	Evans	Michael	Totowa	M	19	5K
2	19:12.3	167	Smith Jr.	Daniel	cedar grove	M	17	5K
3	20:59.1	126	Daly	Matthew	Cedar Grove	M	17	5K

**15-19 Female**

1	26:47.2	240	Callegari	Catalina		F	15	5K
2	33:09.3	233	Appio	Toniann		F	17	5K

**20-29 Male**

1	25:42.3	118	Cezar	Daniel	Towaco	M	21	5K
2	26:57.1	180	Bianchi	Marco	Leonia	M	29	5K
3	27:46.2	249	Bierach	Gary	Totowa	M	23	5K

**20-29 Female**

1	24:01.6	179	Barton	Sophia	Hoboken	F	27	5K
2	24:18.6	220	Golden	Breanne	Garnerville	F	25	5K
3	24:18.8	305	Koch	Laura	New City	F	24	5K

**30-39 Male**

1	20:33.2	200	Hasselberger	Pete	Totowa	M	36	5K
2	20:42.7	183	McHugh	Brian	Kinnelon	M	33	5K
3	21:22.9	199	Tesoriero	A.J.	Little Falls	M	34	5K

**30-39 Female**

1	24:32.8	235	Ayan	Melike	Clifton	F	39	5K
2	25:22.5	189	DeLuccia	Jennifer	Totowa	F	34	5K
3	25:30.1	120	Coad	Christine	Verona	F	39	5K

**40-49 Male**

1	19:50.8	166	Smith	Daniel	Cedar Grove	M	49	5K
2	20:09.6	227	Kelly	Edward	Cedar Grove	M	44	5K
3	20:49.9	236	Gierek	David	Saddle Brook	M	40	10K

**40-49 Female**

1	24:19.8	253	Wallace	Donna	Wayne	F	44	5K
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2	26:20.1	202	Madsen	Lynn	lincoln park	F	45	5K
3	27:01.6	110	Daly	Kelly Ann	Cedar Grove	F	45	5K

#### 50-59 Male

1	22:24.9	216	Jennings	Joe	Pompton Lakes	M	58	5K
2	22:50.8	217	King	Aldwyn	Hillside	M	52	5K
3	23:02.3	242	Deros	Anthony		M	50	5K

#### 50-59 Female

1	27:54.7	186	Cataliotti	Donna	Caldwell	F	50	5K
2	29:30.0	155	Polledri	Diane	Verona	F	54	5K
3	32:53.0	185	Mollica	Grace	Kearny	F	54	5K

#### 60-69-Male

1	23:30.9	223	Hagman	Bill	Morris Plains	M	67	5K
2	25:31.3	221	Jacobs	Glenn	Englewood	M	62	5K
3	25:41.2	176	Jaganow	Viktor	Little Falls	M	61	5k

#### 60-69 Female

1	32:02.7	219	Hall	Kay	Wayne	F	61	5K
2	36:00.1	231	Bru	Alexandra	Ridgewood	L	68	5K
3	40:38.8	208	Autore	Carol	Wayne	F	63	5K

### 10K Overall & Age Group Results

#### 10K Overall - Male

1	38:58.0	550	Nocito	Mark	Little Falls	M	27	10K
2	39:01.5	586	Davis	Eric	Edison	M	42	10K
3	40:25.1	612	Quaglia	Angelo		M	47	10K

#### 10K Overall - Female

1	42:00.0	551	Reichert	Danielle	Pequannock	F	39	10K
2	42:14.9	510	Gebbia	Alexandra	Long Valley	F	18	10K
3	43:35.6	555	Takeichi	Aya	Jersey City	F	33	10K

#### 10-14 Male

1	1:04:26.4	603	Trommelen	Michael		M	14	10K
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#### 15-19 Male

1	44:30.9	604	Guthrie	Andrew		M	15	10K
2	46:01.2	521	Smith	Sean		M	16	10K
3	49:20.3	583	Kiss	Matthew	Woodland Park	M	15	10K

#### 15-19 Female

1	47:39.9	511	Gebbia	Francine	Long Valley	F	18	10K
2	55:54.4	606	Ciliento	Diane	Fairlawn	F	15	10K

#### 20-29 Male

1	40:55.9	594	Jarmillo	Jardon		M	28	10K
2	41:17.6	519	Cassidy	Mark	Ringwood	M	29	10K
3	46:08.9	590	Zamechek	Ziv	Paramus	M	22	10K

#### 20-29 Female

1	48:26.2	591	Wisniewski	Stacy		F	28	10K
2	52:30.8	522	Potenza	Amy	Pinebrook	F	24	10K

3	53:00.3	500	Andrelevich	Laura	Caldwell	F	25	10K
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**30-39 Male**

1	42:06.2	600	Autore	Don	Tallahassee	M	35	10K
2	42:16.1	574	Burrowes	Jeff	Cedar Grove	M	38	10K
3	49:30.0	559	Houlihan	James	Wayne	M	31	10K

**30-39 Female**

1	47:14.1	558	Bellino	Carmen	Long Valley	F	34	10K
2	49:24.1	570	Dicarlo	Jamie	Little Falls	F	32	10K
3	49:28.8	560	Houlihan	Mary Beth	Wayne	F	31	10K

**40-49 Male**

1	40:49.9	546	Leitz	Karl	Jersey City	M	44	10K
2	42:31.4	504	Davenport	Brian	Lake Hopatcong	M	49	10K
3	42:44.8	540	Frankel	Mark	Wayne	M	40	10K

**40-49 Female**

1	50:46.2	576	Post	Dawn	West Milford	F	42	10K
2	54:08.9	621	Grassa	Lysie		F	43	10K
3	54:13.6	505	Davenport	Lisa	Lake Hopatcong	F	48	10K

**50-59 Male**

1	41:50.6	613	Slaughter	Charlie		M	55	10K
2	42:33.9	581	Duncker	Desmond		M	53	10K
3	42:36.1	602	Snedden	Michael	Montclair	M	52	10K

**50-59 Female**

1	52:02.4	536	Braithwaite	Debbie	Hawthorne	F	51	10K
2	58:55.5	587	Ward	Judith	Somerset	F	51	10K
3	1:06:29.1	557	Urica	Victoria	Lodi	F	56	10K

**60-69-Male**

1	46:28.3	596	Brito	Nuno	Kenilworth	M	60	10K
2	48:47.0	568	Brooks	Baxter	South Plainfield	M	60	10K
3	50:00.0	605	Swiatek	George	Verona	M	60	10K

**60-69 Female**

1	48:14.8	564	Coffee	Joanne	Somerset	F	62	10K
2	1:07:00.5	592	Deire	Patricia	Wayne	F	65	10K
3	1:08:15.0	575	O'Hanlon	Patricia	Jersey City	F	67	10K

**70+ Male**

1	53:57.0	553	Saley	Joe	Teaneck	M	70	10K
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